

September-October 2024

TRAILS AND BIRD WINDOW OPEN WEDNESDAYS, FRIDAYS, SATURDAYS AND SUNDAYS Hours: Wednesdays, Fridays and Saturdays 9 to 5 Sundays 1 to 5

<u>September</u>

Wed.	Sept. 4	Nature Center Re-opening
Thurs.	Sept. 5	Butterfly Garden Workday
Sat.	Sept. 7	Free Family Day
Sat.	Sept. 21	Forest Therapy Walk
Thurs.	Sept. 26	Land Management Workday
Sat.	Sept. 28	Take a Child Outside at Birdsong

<u>October</u>

WEB SITE: www.birdsongnaturecenter.org EMAIL: birdsong@birdsongnaturecenter.org X: @BirdsongNatureC FACEBOOK: Birdsong Nature Center YOUTUBE: Birdsong Nature Center PHONE: 229-377-4408

BIRDSONG NATURE CENTER

Thurs.	Oct. 3	Butterfly Garden Workday
Sat.	Oct. 5	Free Family Day
Thurs.	Oct. 10	Land Management Workday
Sat.	Oct. 19	Fall Workday with Hands On Thomas County!
Thurs.	Oct. 24	Land Management Workday

Please, no pets on Nature Center property.

Admission: members, free; non-member adults, \$5.00; children 4-12, \$2.50

Dear Friends,

In the summer of 2022, we launched our "House and Garden Improvements Campaign" with the goal of making significant repairs and upgrades of Birdsong's historic farmhouse and surrounding gardens. The generous support of our members and donors provided Birdsong with over \$54,000 in funding to carry out these important tasks, and we cannot thank you enough! We are nearing completion of the improvements we had envisioned and will later provide details of what's been accomplished, but we wanted to share a special note about the project.

An enormous amount of the renovation work that went into the farmhouse improvements has been carried out by Birdsong's volunteer construction team – Glenn Burman, Phil Williams, Buddy Holshouser, Steve Kunst, Mike Brezin, Jon Yarbrough, and Craig Barkve. We cannot thank these generous individuals enough for the contribution they have made to Birdsong with their exceptional skill and dedication. They are each a pleasure to work with, and their craftmanship is superb. The financial benefit they provide by their volunteer efforts is truly extraordinary. Only a fraction of the construction and renovation work could have been accomplished had it been necessary to pay for the skilled professional work that they have provided. We are deeply appreciative and forever grateful to these special people for the generous contribution to Birdsong that they have made. Special thanks, also, to good friend and former Board member Mike Brezin, who introduced us to the construction volunteers several years ago and helped coordinate their construction efforts.

Our sincere thanks to our members, volunteers, and all who so generously support Birdsong in so many exceptional ways. We hope you will visit the Nature Center one day soon and enjoy the very special place that you help make possible!

With warmest regards, Joe Peresich, President Birdsong Board of Directors

BIRDSONG HAS RECEIVED A TREASURE TROVE!

Last week faithful Birdsong plant donor Becky McNeill and her friend Sue Henrikson drove up to Birdsong with the back of their truck filled with very special bulbs for our fall and spring plant sales. They had packed the bulbs in horse feed sacks, so full and heavy we could hardly lift them. And these were not the all-too-familiar invasive fast-increasing bulbs like pinecone ginger or crocosmia that we all have too much of and can hardly give away. This gift is highly valued — some of the best, most sought-after plants we've ever sold:

1. Golden Hurricane Lilies, *Lycoris aurea*. These are the spectacular fall-blooming hurricane lilies that we offered in the early years of our sale before our sources became depleted. We always quickly sold out and had people begging for more. The red *Lycoris radiata* is the more common plant. These golden lilies have the same spider lily form but are much showier — rich gold in color with stout tall stems and huge flowers. The green leaves last all winter and are attractive even when the plant is not in bloom.

2. Amazon Lily. *Eucharis grandiflora* can be grown as a house plant. It thrives in low light conditions. Our donor Becky in Tallahassee grows this lily outside in the deep shade and protective shelter of live oak trees, where it seldom freezes. The shiny deep-green, hosta-like leaves of the plant are very attractive on their own. The gorgeous fragrant white blooms held high above the foliage are a bonus, usually emerging in late winter.

3. Christopher Lily, *Crinum jagus*. This is the most beautiful of all the Crinum lilies. The huge white flower is bell-shaped with elegantly recurving petals, and exquisitely fragrant. The bulbs increase rapidly, and when established the whole clump comes into bloom at once in early summer. A planting of Christopher Lilies in bloom will scent your whole yard. These prized bulbs came to Becky from Isabelle Blakey who got her start from her father, a mayor of Tallahassee in the 1930's. Isabelle was a beautiful lady, a superb hard-working gardener, and a beloved friend to many in the old Birdsong community. These lilies are a wonderful reminder of her.

We have dealt with these bulbs in different ways. Some we have potted up in 3-gallon size pots to sell at our November 2 sale. But there are so many that we have planted great masses in "holding gardens" to be dug up and offered as bare-root bulbs at our spring sales.

Please, like Becky and Sue, keep Birdsong in mind as you work in your garden and find plants needing to be thinned or divided. We are happy to take them any time of year.

- June White Plant Sale Chair

Birdsong's next Fall Plant Sale!

Saturday, November 2nd, from 9am to 1pm.

If you would like regular updates by email about the sale, along with stories and descriptions of some of our most desirable plants, please email our Office Manager, Lynn Brown, and she will get you on the Mailchimp list: <u>birdsong@birdsongnaturecenter.org</u>.

FOREST THERAPY WALK With Laura Poorman Saturday, September 21, 2:30 – 4:00pm

Forest therapy walks offer a unique experience compared to traditional nature hikes. Lasting 1.5 or 2 hours and covering a relatively short distance, these walks enable participants to feel a deeper connection to nature. The experiences encountered during such walks can be profoundly meaningful and even life changing.

Forest Therapy is a practice that supports health and wellness through guided immersion in nature, forests, and other environments to promote the well-being of both people and the land. It is inspired by Shinrin-yoku, the Japanese practice of "Forest Bathing." Forest Therapy focuses on fostering a reciprocal relationship between the forest and the practitioner. It provides a clearly defined sequence of guided events to allow for creativity and serendipity while embracing individual inspiration. Birdsong Nature Center offers an ideal place for this practice.

Laura Poorman is a Forest Therapy Guide certified through the Association of Nature and Forest Therapy. She encourages us to slow down and experience nature in a variety of ways: "As we slowly wander Birdsong's beautiful property, I will offer a set of carefully crafted invitations to engage all our senses. There will be moments of sharing, reflection, and we will end our time with a tea ceremony. This is not a hike; this is a slow-paced meander through nature."

"Please prepare and dress for the weather. Bring water and a snack as needed. Perhaps bring a small blanket, yoga mat, or pad to use to sit on the ground. Bring a stool or chair if needed. Please wear footwear suitable for walking outside. I guide walks in the rain as long as there is no lightning or severe weather. Please dress for wet weather as needed. I find the rain is another part of nature and the experience."

\$30 per person. RESERVATIONS REQUIRED, please. Call 229-377-4408 or email birdsong@birdsongnaturecenter.org *by noon on Friday, September 20* to reserve your space. Minimum class size, 5; maximum, 15 people.



POSSIBLE POP-UP PROGRAM THIS FALL Do we have your email address?

We are looking forward to another wonderful wildflower season this fall. We are expecting the usual brilliant display of narrow-leaved sunflowers, *Pittyopsis*, and goldenrod, mixed in with purple *Liatris* and Mistflower. In the past few years, the Gin House Field has produced a spectacle for us to enjoy with its pink cloud of *Agalinis*, or False Foxglove. We hope it will happen again this year. We'd love to share this display when it is close to its peak, so we will refrain for now from setting a date for a program. Instead, we ask you to make sure we have your email address on file and we'll send out a Mailchimp when the time is right. If you already receive our colorful email notifications about Birdsong's plant sales, you are on the list. If not, send Lynn a note and she will include you: birdsong@birdsongnaturecenter.org. See you in the fall!

TAKE A CHILD OUTSIDE AT BIRDSONG Saturday, September 28 9:30 – 11:30am

If you are a parent, grandparent, or friend of a child please join us to celebrate *Take A Child Outside Week* and take your favorite child on a natural adventure at Birdsong. We will explore the trails and look for evidence of deer, coyote, or other wildlife; see butterflies face-to-face; search for doodlebugs; and watch birds go about their daily activities at the Bird Window. We will practice using all our senses as we explore what nature has to offer. This program is geared for children and accompanying adults who want to learn how to better share the wonders of nature with their favorite young ones. Children may collect natural items along the trail for keepsakes and/or to use to make a craft when we return to the Barn. Resource material on outdoor activities for children will be provided.

\$5 Friends, \$7 nonmembers, children half-price. **RESERVATIONS PLEASE**: we ask that you register by phone or email by noon on Friday, September 27th, so we know how many adults and children to prepare for.

VOLUNTEERS: FALL WORKDAY WITH *HANDS ON THOMAS COUNTY*! Saturday, October 19, 9 AM – noon

Please join us for a busy volunteer event at Birdsong. This is a big day for **Hands On Thomas County** – every fall they send teams of hard-working volunteers to local non-profits in need of help and we are one of those fortunate organizations on their list. We can use many more hands to spruce up the House Garden, remove problematic shrubs and plants, and help with invasive plant removal. You will get to meet a lot of nice people - HOTC volunteers are the best! So please come on out, bring your work gloves, loppers, shovels, and enthusiasm and help us beautify the Birdsong garden! Thank you, Angela Kiminas, Executive Director of HOTC for including Birdsong in this wonderful community improvement day. Please sign up with HOTC at handsonthomascounty.org in September. Call or email Birdsong for more information: 229-377-4408 or <u>birdsong@birdsongnaturecenter.org</u>.



FREE FAMILY DAYS First Saturdays: September 7 and October 5

On first Saturdays admission is free and we offer a \$5-off membership special. If you know of any families who have never been to Birdsong, please let them know about this opportunity. This is a nice chance for first-time visitors to enjoy the trails and get to know the property.

Admission: free

BUTTERFLY GARDEN WORKDAYS Thursdays, September 5 and October 3 9 to 11AM

Birdsong's Butterfly Gardeners had a busy spring and summer adding new flowering plants such as Indian Pinks, Purple Coneflower, and Gaillardia; replacing sod on the trail; and rebuilding the cedar entrance bower. Their work is really paying off: the garden is attracting butterflies and other pollinators to the emerging blooms! After a well-deserved summer break, the team will be back on its usual schedule in September, meeting on the first Thursday of each month from 9 to 11am.

Please feel welcome to join this accomplished and active crew of volunteers to tend our beautiful Butterfly Garden! Bring gardening gloves, knee pads, clippers, and lunch if you wish to stay afterwards.

For more information call Donna Legare at (850)386-1148 or Birdsong at (229)377-4408.

LAND MANAGEMENT WORKDAYS Thursdays: September 26; October 10 and 24 9am to noon

It has been a long, hot, stormy summer. With all the rain and sunshine, Birdsong's vegetation has been growing and thriving. This presents us with lots of land management challenges to work on and we could really use your help. We have overhanging limbs and brush encroaching on the trails, many happy invasives, pine saplings popping up around our ponds, sweetgum and shortleaf pine to remove from the planted longleaf, and much more.

If you enjoy working outdoors with good-natured companions, please join us on these workdays. Alan Parker, our land and site expert, will lead these efforts and be joined by members of our volunteer burn crew. They would be pleased to have your help. These projects are great learning experiences and will help to get the property ready for the upcoming burn season. Your contribution will be much appreciated.

Be prepared for the weather and bring work gloves. If you have a favorite pair of loppers, a saw, or other tools, you are welcome to bring them, but we do have tools on site. There will be water and a snack on the truck; bring a sandwich if you want to have lunch together and we'll provide drinks and dessert.

If the weather turns out to be good for burning, we will pivot to a burn day and that means meeting at a different time, so please do let us know if you are planning to attend so you can be informed of any potential time change. It will also help us prepare for lunch in case you want to join us. Please contact us at 229-377 -4408 or email kathleen@birdsongnaturecenter.org.

THANK YOU TO OUR DONORS For funding the House and Garden Improvement Project and the new tractor!

We are pleased to let our Annual Appeal donors know that we have been able to complete the improvements funded by the 2022 appeal and that the new tractor funded through the 2023 appeal has made a huge difference to our current burning and other land management efforts. We would like to invite you to an event this fall, to be announced, to celebrate your support so you can see the updates made to the house and garden and meet the new tractor on a hayride! Donors will receive an invitation in the mail in September with more information – please be sure to RSVP!

A date for your calendar!

HOLIDAY OPEN HOUSE Saturday, November 16, 9am to 1pm

Join us for a Holiday Open House at Birdsong to celebrate the upcoming holiday season! See details in the November-December newsletter; it will be available in late October.



WILDLIFE MANAGEMENT NOTES August 11, 2024

Weather The weather has taken over everything now; it has our full attention and is front and center in all we do. The excessive heat, near-daily rainstorms, and the intense humidity covering each moment like a blanket is exhausting. July brought us 3.48 inches of rain, and August, so far, 3.52. The ponds and swamp levels have fluctuated off and on with some torrents and a few drier spells, and there is very little flow out of Big Bay Pond spillway right now.

Hurricane Debby blew through last weekend. It popped up so fast we hardly had time to consider preparations, and there was a pervasive sense of storm fatigue among people I spoke to, the feeling of "Oh, no. Here we go again. I don't have the energy for this." Birdsong was fortunate to be on the western fringe of the cyclone and had no damage to any buildings. We lost several trees and power was out, but only for a day. We were surprised to learn after the storm went through that we only got 1.52 inches of rain. We feel very sorry for our neighbors to the south and east who were impacted so heavily. Today there is news of another potential tropical storm developing in the Atlantic, heading for the Caribbean. Too early to tell whether it will enter the Gulf, but now we are on alert again. This is only the beginning of the hurricane season, and we've already had enough.

Some very early signs of fall

Even though it is not yet the middle of August, it feels like we've had months and months of summer this year. Getting out on the trails you can feel the humidity rising up from the grass and vegetation around you, and there really is no relief, even though the shade is welcome. With all the rain and sunshine, the woods and fields are flourishing, and the vegetation is growing profusely. Green in all its variations dominates the landscape, with spots of color few and far between. Our summer flowers are still offering an occasional sight of the pale purple of Wild Petunia, the lovely pale lavender of Butterfly Pea, stands of pink Meadowbeauty by the ponds, and the gold of an infrequent St. John's Wort. We are also now seeing hints of fall wildflowers to come, scattered through the woods: deep purple Ironweed, the intense pink of several different beggarlice species, white Eupatorium, and the pale buds of Elephant's Foot. At the creek by the wild azaleas, there is another sign of early fall: golden tulip tree leaves are scattered on the ground, falling softly from very high above. Also, right here at the creek, some unseen blooming must be going on because the air is rich with a spicy floral scent. Delightful.

Praying Mantis For the past three weeks Alan has been telling Lynn and myself about his observations of a praying mantis residing on a particular Daisy Flea-

bane stalk near the Barn. Apparently, this mantis is there nearly every day, facing up or down the main stem of the plant, which is growing and is beginning to develop a crown of smaller secondary stems with lots of tiny buds. Yesterday, we offered an early-morning nature walk. Seven people joined us and I took the group past this Daisy Fleabane stem to see if we could find the mantis. It was well hidden, but right there, half-way up the stem, about two and a half inches long, very slender, reddish brown in color and almost matching some nearby bahia grass leaves. It turned its triangular face toward us, clearly watching us, but did not act intimidated and didn't move away. We all got a good look at it from quite close up. It had very subtle dotted patterning on the folded spiky front "arms". The long abdomen was segmented, and the legs were brown and green. Later that day after our walk, I looked up the praying mantises of Georgia and could not find any that looked like this one but did determine that our mantis is a male (the long thin abdomen with 8 segments) and is in one of the later instars, not in his final developmental stage. He does not yet have wings, as mature mantises do - he has four sculptured wing pads on the thorax right above his legs. This is where his wings will develop and emerge in his final molt. He must be getting a good source of insect food from his position on this Fleabane stalk to remain there so persistently. Perhaps there are aphids present or some other small bug we could not detect. There appeared to be insect-related leaf-cutting and a couple of places where cut leaves were wadded up and held together against the stem with silk. Praying mantises have excellent vision, with two large compound eyes that can see in almost all directions, and three tiny single eyes located in between that enable a mantis to see movement from 60 feet away. Our mantis was wellaware of our presence. We are now fascinated by this creature and will be going back daily to check on him and see what transpires in his life. When you get up close to see him, he turns his head to face you; you know he is looking right at you. It is a little bit eerie – a creature with a totally different way of interpreting the world. No ears or eyes or skin like ours - but we are sharing a moment, whatever it may mean. It feels like a privilege. I really want to learn more and hope for the opportunity to see this insect in his adult form. Since he'll likely have his wings upon his next molt and be ready to find a mate, he may abandon his Fleabane stem before we get to see him as an adult. This all started because Alan just happened to notice a long insect on this stem when he was riding by on the mower. How many other mantises are living on our Daisy Fleabane, eating small bugs, growing and molting and living in a world we know nothing about!

P.S. I went back today (three days later) and he was there, parallel and close to the stem on the shady side and facing downward. I could see his head turn towards me when I was about 4 feet away, and he kept

watching as I moved around the plant trying to get a better view. This plant is out in full sunlight, so he was in the only available shade, provided by the stem, which is about three times as big around as he is.

Land Management With this weather, Alan has his work cut out for him – as soon as he gets all the trails mowed it is already time to start over again. He is doing his best to keep up - bahia grass loves these conditions. He has also had plenty to keep him busy with the various storms that keep coming through. After each event there is a lot of debris to pick up and fallen trees to saw up and remove from the trails. Those are big jobs and Mike Carter comes over to help when Alan needs a hand - it is too much for one person. I feel for Alan working these hot humid days out in the middle of it all for hours in a row. He comes to work very early to avoid the worst heat of the day, but it is already hot by 9am. He never complains; just goes out there and gets the job done. We are very fortunate to have him here.

Alan's customary summer management is dominated by mowing the trails, keeping brush at bay, and mowing the lawns at the house, cabin, parking lot, and Butterfly Garden. He also works on special projects like mowing patches of winged sumac and briars in the Gin House and removing sweet gum and shortleaf pine saplings from open areas.

When a storm like Debby appears, Alan and Mike board up the Bird Window and stow anything that might blow around. In the aftermath Alan handles any immediate problems, such as obvious trees and debris down near the building, and then rides the trails and firelanes to see if there are any fallen trees blocking access. It can take quite a few days to get things cleaned up after a major storm.

The Bird Window The Bird Window is a bustling place, visited all day long by a consistent constellation of summer species: Northern Cardinals and their juveniles, Blue Jays, Tufted Titmice, Carolina Wrens, Carolina Chickadees, Eastern Towhees, and Brown Thrashers. These birds are a cheerful mix, staying busy feeding and bathing and apparently enjoying themselves. At any given time of day there will be 10 to 12 birds present doing a little bit of everything – eating, bathing, chasing each other around. The mister and pool are a popular place - just now a Carolina Wren and a female Cardinal both took elaborate showers under the mister on the rock, including athletically soaking their feathers on the damp moss and becoming basically unrecognizable. At the same time, a Tufted Titmouse just leaned completely upside down to drink out of the ant guard on the hummingbird feeder. A Carolina Chickadee is hunting for tiny insects in the blue birch leaves, and the Rubythroated Hummingbirds are repeatedly chasing each

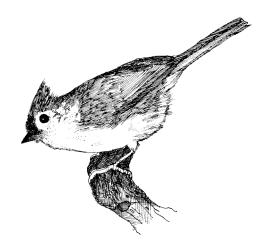
other off the feeder at high speed. A couple of male Cardinals are showing the first signs of feather mites – they start losing some of the feathers on their heads this time of year – an annual affliction.

Other birds seen at the Bird Window since the last newsletter are Red-bellied Woodpeckers, a Northern Parula, and a family of House Finches. The last sighting of our Black Vulture pair happened on June 15th.

Going for a walk out here this summer is a full-on sensory experience: the heat and steamy air are dominant with an occasional light breeze offering relief here and there. The woods are deeply green and the forest canopy is thick and shady. The difference between being in the full sun and wooded shade is stark. For many birds nesting is beginning to wind down, but the lovely songs of Blue Grosbeak, Eastern Bluebird, Common Yellowthroat, White-eyed Vireo, Blue -gray Gnatcatcher, Bachman's Sparrow, Northern Bobwhite are still gracing the morning air. The old Farm Pear tree is having another bountiful season its upper branches are weighed down with fat pears, nearly ripe. The deer don't wait - they've already browsed the lower branches clean of leaves and many fallen pears have been nibbled. It won't be long before the woodpeckers and racoons arrive to enjoy their share.

We are closing for summer break next week, and are looking forward to the upcoming change of seasons, some cooler days, and seeing you all after Labor Day.

-KDB



NEW FRIENDS OF BIRDSONG

Tallahassee

Daniele Dixon Stuart Williams

Other

Madeline and Olivia KlineMoultrie, GATricia LazanoValdosta, GA

BIRDSONG NATURE CENTER WISHES TO THANK:

In celebration of Susan Cerulean and Jeff Chanton: The Annino Family

In memory of my good friend Wolfie: Bob Dunn

In memory of Wolfgang Adolph: Kathy and Russ Rothman

Special Financial Gifts: Joe Peresich Jim Cox and Katie NeSmith Cheryl Burnett and Roland White John Lovett



Birdsong Nature Center Board of Directors 2023-2024

President Treasurer Secretary Joe Peresich Bill Preston Margaret Tyson

Directors

Jim Antista Scott Ball Ellery Sedgwick

BIRDSONG'S CORPORATE SPONSORS

Native Nurseries Trillium Gardens Nursery Import Authority Seminole Alterations Chelsea Salon & Spa TNB Financial Services Target Print and Mail Armstrong Tree Service Woodleaf Senior Care Cowhey & Ward, LLC Loblolly Rise Blue Bear Farm & Cattle Co. LLC Magnolia Chapter, Florida Native Plant Society Wiregrass Electric, Inc.

A COMMAND OF THE OWNER	Birdso Nature C Membership ap	enter	Date	
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Name (Please print clearly)			<u></u>	
Address	City	State	Zip	
Phone: Primary ()	Alt ()	EMAIL		
Place of Employment:	Job 7	Title:		
Training, experience, interests:				
How did you learn about Birdsong? F	rom a member of Birdsong	, the news media, word	l of mouth, our new	/sletter, etc?
Please be specific:				

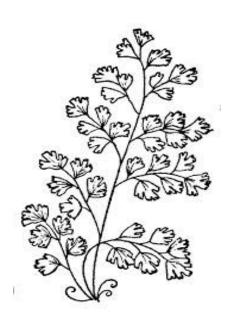
I would like to join the Friends of Birdsong in the following category:

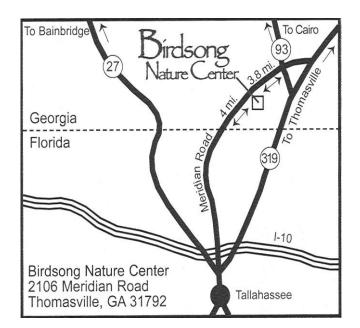
Individual Friend	\$30	Bird Window and Nature Trails free during open hours.Two free one-time guest passes.Member discount on scheduled programs.10% discount on items at the Chickadee Corner Gift Shop.Bimonthly newsletter. Reciprocal general admission at participating nature centers nationwide (call for list).
Family/Friends	\$45	All of the above benefits for each member of the immediate household. Four free one-time guest passes.
Friends of the Cardinal	\$60	Five free one-time guest passes in addition to above.
Friends of the Chickadee	\$100	Six free one-time guest passes in addition to above.
Business/Corporate Friend	\$100-\$1,000	One free one-time guest pass for each \$10 of membership (ie., 25 passes for \$250) and recognition in newsletter. Call for more information.
Friends of the Hummingbird	\$250	Hummingbird feeder in addition to above.
Friends of the Bluebird	\$500	Bluebird nesting box in addition to above.
Birdsong Naturalist	\$1,000	Personal tour of Birdsong with Executive Director and/or Board Chair for up to 6 people. Call for more information.
I do not wish to receive any (above) benefi	ts with my membership and would like the whole amount tax deductible.

I would like to support Birdsong by volunteering to help as follows:

 Bird Window Instructor Financial/legal guidance Fund raising Greeter Gift Shop Assistant Land Management Program Development 	 Public Relations Serve on Board of Directors (please submit resume) Teaching (birds, nature walks, stars, etc.) Other 	
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Memberships are renewable one year after the sign-up date. Members can upgrade to a higher category membership by sending the balance within the year. Memberships are deductible in part, depending on the value of goods and services received. Please call for information. Receipts stating the value provided and the deductible amount will be sent to those joining at the \$100 or higher level.





DIRECTIONS:

From Tallahassee: Meridian Road north, 4 miles past FL/ GA border on right side of road. OR 319 north, turn left onto Rt. 93, then turn left onto Meridian Road, 3.8 miles on left side of road.

From Thomasville: 319 south, turn right at Marathon gas station onto Meridian Road, approximately 5 miles from Marathon or 3.8 miles from stop sign at Rt. 93, on left side of road.

Watch for small sign that reads "Birdsong".

Address Service Requested

Birdsong Nature Center 2106 Mevidian Road Thomasville, GA 31792

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